This course is available for student registration only after the approval process has been completed.

SUBJECT: PED
COURSE NO: 2161
CREDIT HOURS: 3
TERM TO BE ADDED TO THE FILE: Fall 2010

CLASS HOURS: 45
LECTURE HOURS:
LAB HOURS:
CONTACT HOURS (CEU ONLY):

DEPARTMENT: Physical Education
SCHEDULE TYPE: Lecture

☐ COLLEGE OF AERONAUTICS–23
☐ COLLEGE OF BUSINESS–24
☐ COLLEGE OF ENGINEERING–01
☐ COLLEGE OF PSYCHOLOGY AND LIBERAL ARTS–25
☐ COLLEGE OF SCIENCE–26
☐ UNIVERSITY COLLEGE EXTENDED STUDIES–27

COMPUTER TITLE: Restricted to 25 characters, including spaces
Athletics Injuries

CATALOG TITLE: CARE AND PREVENTION OF ATHLETICS INJURIES

CATALOG DESCRIPTION OF COURSE: Limited to 350 characters, including spaces
Studies the procedures involved in the prevention of athletics injuries. Includes the effects and dangers of drug use, especially as they relate to performance enhancing drugs. Focuses on the coach’s role in limiting the potential for injury. Emphasizes the recognition, care and treatment of injuries. Requires completion of CPR certification.

In addition, you may attach a course syllabus and/or more detailed description.

RESTRICTIONS
☐ Prerequisite
☐ Corequisite

GRADES TO BE ISSUED
☐ A, B, C, D, F
☐ A, B, C, D, F, CEU
☐ CEU
☐ S, U
☐ P, F
☐ Other

ADDITIONAL RESTRICTION
(e.g., Major, Class Level, Department Head Approval)

If this course replaces a course currently offered in BANNER, please indicate old course information

SUBJECT: Ped (e.g., CSE) COURSE NO: (e.g., 1301)

APPROVALS: Upon completion of appropriate department approvals, submit form to Chair, Graduate Council, or Chair, Undergraduate Curriculum Committee for approval below and forward to Catalog Director.

Originator Date Chair, Graduate Council Date
Department Head

Dean or Associate Dean Date Chair, Undergraduate Curriculum Committee Date

CATALOG DIRECTOR
These changes/additions have been made for the University/Extended Studies Catalog and entered into the BANNER term named above.

SCACRSE SCADTL SCAPREQ SCABASE
SCARES Operator Init Date

REGISTRAR’S USE ONLY

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RG-271-5081
Instructor: TBA
Office: 
Office Hours: 

Course Description
Practical study of the procedures involved in aiding the prevention of athletic injuries including the effects and dangers of drug use, especially as they relate to performance enhancing drugs. Focus will be directed toward the coach’s role in helping limit the potential for athletic injury. Additional emphasis will be given to the recognition, care and treatment of injuries that commonly occur in the physically active. Each student will also be required to successfully complete a CPR certification class.

Required Textbook

Supplemental Assigned Readings

Course Objectives
- Identify the role of the athletic trainer in relation to the sports medicine team
- Describe the current and historical significance of athletic trainers and their role in sport
- Identify the human body and its basic motor functions
- Identify key anatomical structures
- Assess and implement the techniques associated with basic training and conditioning programs
- Identify potential hazards that may exist in the physical environment of competition
- Identify the body’s response to injury
- Identify the characteristics of sports trauma
- Perform basic injury care for common injuries in the physically active
- Identify the value of therapeutic exercise and rehabilitation
- Identify and provide care for sport related injuries
- Perform CPR techniques
- Identify the effects and dangers of drug use by athletes
- Identify the effects and risk of performance enhancing drugs

Course Grades:  
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<th>Points</th>
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<tr>
<td>4 Quizzes</td>
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<td>3 Exams</td>
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