This course is available for student registration only after the approval process has been completed.

SUBJECT PED COURSE NO. 3160 CREDIT HOURS 2 TERM TO BE ADDED TO THE FILE Fall 2010
Alpha Prefix (e.g., CSE) Number Choice (e.g., 1301) (e.g., Fall 2006)

CLASS HOURS 30 LECTURE HOURS ________ LAB HOURS ________ CONTACT HOURS (CEU ONLY) ________

DEPARTMENT Physical Education SCHEDULE TYPE Lecture
(e.g., Computer Sciences) (e.g., Lecture, Lab or Special Project)

☐ COLLEGE OF AERONAUTICS--23 ☐ COLLEGE OF PSYCHOLOGY AND LIBERAL ARTS--25
☐ COLLEGE OF BUSINESS--24 ☐ COLLEGE OF SCIENCE--26
☐ COLLEGE OF ENGINEERING--01 ☐ UNIVERSITY COLLEGE EXTENDED STUDIES--27

COMPUTER TITLE Restricted to 25 characters, including spaces Coaching Basketball

CATALOG TITLE THEORY AND PRACTICE OF COACHING BASKETBALL

CATALOG DESCRIPTION OF COURSE Limited to 350 characters, including spaces
Prepares future basketball coaches with the knowledge, techniques and skills required to be successful. Emphasizes the development of proper training programs and specific game strategy. Includes the history of the game of basketball and the development and implementation of designed plays.

In addition, you may attach a course syllabus and/or more detailed description.

RESTRICIONS ☑ Prerequisite PED 2160 ☐ Corequisite ________
Course Number ________

☐ Prerequisite ________ ☐ Corequisite ________
Course Number ________

☐ Prerequisite ________ ☐ Corequisite ________
Course Number ________

GRDES TO BE ISSUED ☑ A, B, C, D, F
☐ A, B, C, D, F, CEU
☐ CEU
☐ S, U
☐ P, F
☐ Other ________

ADDITIONAL RESTRICTION (e.g., Major, Class Level, Department Head Approval)

If this course replaces a course currently offered in BANNER, please indicate old course information

SUBJECT Alpha Prefix (e.g., CSE) COURSE NO. (e.g., 1301)

APPROVALS: Upon completion of appropriate department approvals, submit form to Chair, Graduate Council,
or Chair, Undergraduate Curriculum Committee for approval below and forward to Catalog Director.

Originator Date Chair, Graduate Council Date

Department Head/Program Chair

Dean or Associate Dean Date Chair, Undergraduate Curriculum Committee Date

CATALOG DIRECTOR

REGISTRAR'S USE ONLY

SCACRSSE SCADETL SCAREQ SCABASE SCARES Operator Init Date

These changes/additions have been made for the University/Extended Studies Catalog and entered into the BANNER term named above. Catalog Director Date

DISTRIBUTION: Original—Registrar Copy—Academic Unit

Florida Institute of Technology • Office of the Registrar
150 West University Boulevard, Melbourne, FL 32901-6975 • (321) 674-8114 • Fax (321) 674-7827

RG-271-5061
Course Description
This course is designed to prepare future basketball coaches with the knowledge, techniques, and skills required to be successful. Emphasis will be given towards the development of proper training programs and specific game strategy including the development and implementation of designed plays.

Required Textbook
Wootten, Morgan. Coaching Basketball Successfully, 2nd Ed.
Supplemental Assigned Readings

Course Objectives
- Develop a perspective for the history of the game of basketball
- Identify different game strategies and their implementation
- Explain the various types of coaching systems and styles
- Develop a coaching philosophy and learn how to successfully implement it across a broad range of personalities
- Identify how the soccer program contributes to the overall learning process in the academic setting
- Learn to develop game plans for different skill levels and how to progress each game plan to supplement player growth and development
- Learn how to promote and support a soccer program in a community setting
- Identify the different needs of parents, players, leagues, and communities and learn to effectively maintain good relationships with all parties
- Learn to develop practice plans
Theory and Practice of Coaching Basketball
PED 3160

Course Notebook

This notebook should include:

I. A three page, typewritten, double-spaced statement describing your coaching philosophy (i.e. what is your approach to motivation, discipline, positive reinforcement, handling loses and/or wins, developing team camaraderie, communication, goal setting, dealing with parents, court behavior, mental aspect of basketball, etc.)
   - Write a two page paper on the History of the game of Basketball
II. Discuss all of your drills (explained in detail) to include the following: Dribbling, passing, trapping the ball, executing the throw in, lay-ups, shooting, moving against an opponent, defensive skills, offensive and defensive tactics etc.
III. Describe your approach to fund raising and promotion of your program throughout the community
   - Discuss your strategy pertaining to offensive and defensive strategy
   - Set up five days of practice (2 hour practices) using different drills each day and indicate the length of time devoted to each drill and what you are attempting to gain from each segment of practice (i.e. 3:00-3:10 warm-up, 3:10-3:30 passing, 3:30-3:45 defensive rotations etc.
IV. Secure five basketball articles – summarize each article and attach the article along with your summary
   - Read three coaching articles (they can be in any sport – but more of a philosophical point of view) write a summary on each of the articles and explain how it may pertain to coaching a team and attach the articles to your summary
   - Any additional materials that pertain to coaching a basketball team

Course Grades:

<table>
<thead>
<tr>
<th>Course Graded on</th>
<th>Points</th>
<th>Grading Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>Notebook</td>
<td>200 pts</td>
<td>700 - 630 = A</td>
</tr>
<tr>
<td>2 Exams</td>
<td>100 pts each</td>
<td>629 - 560 = B</td>
</tr>
<tr>
<td>Final Exam</td>
<td>150 pts</td>
<td>559 - 490 = C</td>
</tr>
<tr>
<td>2 Practicals</td>
<td>50 pts each</td>
<td>489 - 420 = D</td>
</tr>
<tr>
<td>Total Points</td>
<td>700</td>
<td>&lt; 420 = F</td>
</tr>
</tbody>
</table>
### Theory and Practice of Coaching Basketball
#### PED 3160

#### Topics to be covered/ Schedule

<table>
<thead>
<tr>
<th>WEEK #</th>
<th>CHAPTER #</th>
<th>CHAPTER TITLE</th>
<th>ASSIGNMENT</th>
<th>EXAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Chapter 1</td>
<td>Developing a Basketball Coaching Philosophy &amp; Discuss History of Basketball</td>
<td>Notebook P. I</td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td>Chapters 2 &amp; 3</td>
<td>Communicating Your Approach &amp; Motivating Players &amp; Discuss Game Strategy</td>
<td>Exam 1</td>
<td></td>
</tr>
<tr>
<td>Week 3</td>
<td>Chapters 4 &amp; 5</td>
<td>Running a Basketball Program &amp; Season Planning &amp; Discuss Coaching Systems and Styles</td>
<td>Notebook P. II</td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>Chapter 6</td>
<td>Practice Planning</td>
<td>Practical</td>
<td></td>
</tr>
<tr>
<td>Week 5</td>
<td>Chapters 7 &amp; 8</td>
<td>Teaching Offensive Positions and Sets &amp; Teaching Offensive Skills</td>
<td>Notebook P. II</td>
<td></td>
</tr>
<tr>
<td>Week 6</td>
<td>Chapter 9</td>
<td>Developing a Quick-Scoring Attack</td>
<td>Exam 2</td>
<td></td>
</tr>
<tr>
<td>Week 7</td>
<td>Chapter 10</td>
<td>Man-To-Man Offense</td>
<td>Notebook P. III</td>
<td></td>
</tr>
<tr>
<td>Week 8</td>
<td>Chapters 11</td>
<td>Zone Defense</td>
<td>Practical</td>
<td></td>
</tr>
<tr>
<td>Week 9</td>
<td>Chapter 12 &amp; 13</td>
<td>Clock and Inbound Situations &amp; Teaching Defensive Positions and Sets</td>
<td>Notebook P. IV</td>
<td>Final Exam</td>
</tr>
<tr>
<td>Week 10</td>
<td>Chapter 14</td>
<td>Teaching Defensive Skills</td>
<td>Notebook Due</td>
<td></td>
</tr>
<tr>
<td>Week 11</td>
<td>Chapter 15</td>
<td>Team Defense</td>
<td>Practical</td>
<td></td>
</tr>
<tr>
<td>Week 12</td>
<td>Chapter 16</td>
<td>Fullcourt Team Defense</td>
<td>Notebook P. IV</td>
<td>Final Exam</td>
</tr>
<tr>
<td>Week 13</td>
<td>Chapter 17</td>
<td>Preparing for Games &amp; Discuss Basketball</td>
<td>Notebook Due</td>
<td></td>
</tr>
<tr>
<td>Week 14</td>
<td>Chapter 18</td>
<td>in the School</td>
<td>Notebook Due</td>
<td></td>
</tr>
<tr>
<td>Week 15</td>
<td>Chapters 19 &amp; 20</td>
<td>Handling Game Situations &amp; Discuss Basketball and the Community</td>
<td>Notebook Due</td>
<td></td>
</tr>
<tr>
<td>Week 16</td>
<td>N/A</td>
<td>Evaluating Players &amp; Evaluating Your Program</td>
<td>Notebook Due</td>
<td></td>
</tr>
</tbody>
</table>