Florida Institute of Technology

ADDING A NEW MAJOR OR MINOR TO THE CURRICULUM

Please provide the following information when requesting a new major or minor (program or option) to be added to the curriculum.

Only new majors, minors and options are assigned a new code and print on the diploma.

The code will be assigned by the Office of the Registrar and a copy of this form will be sent to the appropriate department.

COLLEGE: PSYCHOLOGY AND LIBERAL ARTS

DEPARTMENT: PSYCHOLOGY

SITE(S): ONLINE-UNIVERSITY ALLIANCE

CAMPUS(ES): (U)

PROGRAM TO BE ADDED: □ Major or □ Minor or □ Option for __________________________ (existing degree program)

NOTE: Only Majors, Minors and Options receive new codes and print on the diploma; use Option for new program name to appear with existing degree name.

☒ Associate of Arts (A.A.)
☐ Associate of Science (A.S.)
☐ Bachelor of Arts (B.A.)
☐ Bachelor of Science (B.S.)
☐ Master of Arts (M.A.)
☐ Master of Arts in Teaching (M.A.T.)
☐ Master of Business Administration (M.B.A.)
☐ Master of Education (M.Ed.)
☐ Master of Public Administration (M.P.A.)
☐ Master of Science (M.S.)
☐ Master of Science in Aviation (M.S.A.)
☐ Educational Specialist (Ed.S.)
☐ Doctor of Education (Ed.D.)
☐ Doctor of Philosophy (Ph.D.)
☐ Doctor of Psychology (Psy.D.)
☐ Graduate Certificate

OTHER ADDITION TO THE CURRICULUM (NOTE: Only Majors, Minors and Options receive new codes and print on the diploma; use Concentration or Specialization if the new program represents less than a full degree curriculum.)

☐ Concentration or ☐ Specialization for __________________________ (existing degree program)

PROGRAM TITLE: Restricted to 30 characters, including spaces

AA APPLIED PSYCHOLOGY

TERM TO BE INITIATED: 2011-85

ADVISER FOR NEW PROGRAM: MARIA LAVOY/MARSHALL JONES

ROUTING APPROVALS: 1) Department head/program chair and college dean approve and sign form; 2) Provost approves business plan of the program in terms of financial viability and impact on the university mission; and signs form; 3) Undergraduate Curriculum Committee or Graduate Council approves academics and signs form; 4) Provost gives final approval of program, signs form and forwards to Office of the Registrar.

1) Marshall Jones

2) Provost

3) Chair, Graduate Council

4) Chair, Undergraduate Curriculum Committee

REGISTRAR'S USE ONLY

FSA ATLAS

SOAXREF

SMAPBLE

STV/MAR

SOACURR

Major Code Assigned

SAOXCUR

CIPC Code

Operator Initials/Date

DISTRIBUTION

Florida Institute of Technology • Office of the Registrar

150 West University Boulevard, Melbourne, FL 32901-6975 • (321) 674 +ext. • Fax (321) 674-7827

General Information – ext. 8115; Graduation – ext. 8116, Records and Transcripts – ext. 8117, Registration – ext. 8118
<table>
<thead>
<tr>
<th>Concentration:</th>
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<tbody>
<tr>
<td>PSY 1411 Intro to Psychology</td>
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<tr>
<td>ASC 1006 Mastering eLearning</td>
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<td>CIS 1140 Business Computers</td>
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<td>COM 1101 Composition and Rhetoric (COM 0110/DA Score)</td>
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<tr>
<td>COM 1102 Writing about Literature (COM 1101)</td>
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<tr>
<td>EDS 1021 General Physical Science</td>
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<td>MTH 1701 College Algebra (MTH 0111/DA score)</td>
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<td>COM 2000 Communication Elective</td>
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<td>HUM 2051 Civilization 1 (COM 1102)</td>
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<td>HUM 2052 Civilization 2 (COM 1102)</td>
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<td>Social Science Elective</td>
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<td>Humanities Elective</td>
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<td>Free Elective</td>
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<td>PSY 1461: PSYCHOLOGY OF ADJUSTMENT AND GROWTH</td>
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<td>PSY 1462: SUBSTANCE ABUSE</td>
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<td>Humanities Elective</td>
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Credits required in program: 21

TOTAL CREDITS REQUIRED FOR COMPLETION-61
# Adding a New Course to the Curriculum

This course is available for student registration only after the approval process has been completed.

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<th>Subject</th>
<th>P S Y</th>
<th>Course No.</th>
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**Computer Title**: Restricted to 25 characters, including spaces. **Health Psychology**

**Catalog Title**: Health Psychology

**Catalog Description of Course**: Restricted to 350 characters, including spaces.

Examines the scientific interrelationships among the biological, cultural, environmental and psychological factors involved in physical health and the prevention of illness.

This description has been approved by the catalog office: **Emory 2/18/11**

**In addition, please attach a course syllabus and/or more detailed description.**

**Restrictions**:

<table>
<thead>
<tr>
<th>Prerequisite</th>
<th>PSY 3013</th>
<th>Corequisite</th>
<th>Course Number</th>
<th>and</th>
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<tbody>
<tr>
<td>Prerequisite</td>
<td>PSY 3012</td>
<td>Corequisite</td>
<td>Course Number</td>
<td>and</td>
<td>or</td>
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**Additional Restriction**: Third-year standing

(e.g., Major, Class Level, Department Head Approval)

**Grades to be Issued**: A, B, C, D, F; CEU/Audit; CEU; S, U; P, F; Other

**Approval**: Upon completion of appropriate department approvals, submit form to Chair, Graduate Council, or Chair, Undergraduate Curriculum Committee for approval below and forward to Catalog Director.

**Original**: Cuddy 2/18/11

**Date**: Chair, Graduate Council 2/18/11

**Department Head/Program Chair**: 2/18/11

**Dean or Associate Dean**: 2/18/11

**Catalog Director**: 2/18/11

**Registrar's Use Only**

<table>
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<th>SCAPREQ</th>
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Florida Institute of Technology · Office of the Registrar

150 West University Boulevard, Melbourne, FL 32901-6975 · (321) 674-8114 · Fax (321) 674-7827  
RGR-088-111
PSY3425 – Health Psychology

Description:

Examines the scientific interrelationships among the biological, cultural, environmental, and psychological factors involved in physical health and the prevention of illness. (Requirement: Prerequisite courses and junior standing.)

Prerequisites: PSY 3013 - Applied Psychology; AND PSY 3012 – Research Methods


Course Objectives:

Identify and discuss the interplay of biological, cultural, environmental, and psychological, factors in the study of health issues including mechanisms and pathways in disease processes such as the initiation, promotion, and management of disease.

Examine the theory and research of the field of Health Psychology by reviewing and discussing the fundamental, historical, and recent contributions to the science.

Apply the basic tenets of Health Psychology to common health issues including both acute conditions and chronic concerns.

Course Requirements: This course includes a variety of discussion issues, readings, exercises, lectures and assessments.

Grading Scale:

Quiz (8 X 25 pts) = 20%
Discussion postings = 10%
Student postings = 10%
Mid-Term = 20%
Final = 20%
Paper = 20%

100%

Week 4 Essay Mid-term
Week 8 Essay Final Exam
Paper Due end of week 6 (8-10 pages in APA format)
Module 1: Introduction to Health Psychology
Conducting Health Research

Module 2: Cultural Approaches to Health
Stress across Cultures

Module 3: Essential Physiology

Module 4: Coping and Social Support
Models of Behavior Change

Module 5: Health Behaviors
Factors Surrounding Illness

Module 6: Pain
Chronic Illness, Terminal Illness, Death

Module 7: Psychoneuroimmunology
HIV, Cancer, Cardiovascular Disease

Module 8: The Future of Health Psychology